

Phys 506 Lecture 8

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Spherical harmonics done right

Recall from last time that we worked out

$$|\theta, \phi\rangle = e^{-i\phi \frac{\hat{L}_z}{\hbar}} e^{-i\theta \frac{\hat{L}_y}{\hbar}} |\theta=0, \phi=0\rangle$$

The spherical harmonic is defined to be the overlap of $\langle \theta, \phi |$ with $|l, m\rangle$. We have

$$\begin{aligned} Y_{lm}(\theta, \phi) &= \langle \theta, \phi | l, m \rangle \\ &= \langle \theta=0, \phi=0 | e^{i\theta \frac{\hat{L}_y}{\hbar}} e^{i\phi \frac{\hat{L}_z}{\hbar}} | l, m \rangle \end{aligned}$$

But $\hat{L}_z |l, m\rangle = \hbar m |l, m\rangle \Rightarrow$

$$Y_{lm}(\theta, \phi) = \langle \theta=0, \phi=0 | e^{i\theta \frac{\hat{L}_y}{\hbar}} e^{im\phi} | l, m \rangle$$

$$\Pi = \sum_{m'} |l, m'\rangle \langle l, m'|$$

$$Y_{lm}(\theta, \phi) = e^{im\phi} \sum_{m'} \langle \theta=0, \phi=0 | l, m' \rangle \langle l, m' | e^{i\theta \frac{\hat{L}_y}{\hbar}} | l, m \rangle$$

The matrix element $d_{m'm}^{(l)}(\theta) = \langle l, m' | e^{i\theta \frac{\hat{L}_y}{\hbar}} | l, m \rangle$ is called the rotation matrix. It is a continuous matrix representation of the rotation group with $(2l+1) \times (2l+1)$ matrices. We already computed $d_{m'm}^{(\frac{1}{2})}(\theta, \phi)$ when we worked with Pauli matrices in lecture 1.

Fortunately, we do not need the whole matrix.

Note that $\langle \theta=0, \phi | = \langle \theta=0, \phi=0 | e^{i\phi \frac{\hat{L}_z}{\hbar}} = \langle \theta=0, \phi=0 |$

Think of what this is - it is a state pointing along the north pole. If I rotate about the north pole axis, I do nothing



In other words, the state for $\theta=0$ is the same for all ϕ . But we already saw that

$$\begin{aligned} \langle \theta=0, \phi | l, m \rangle &= \langle \theta=0, \phi=0 | e^{i\phi \frac{\hat{L}_z}{\hbar}} | l, m \rangle \\ &= e^{im\phi} \langle \theta=0, \phi=0 | l, m \rangle \end{aligned}$$

$$\Rightarrow \langle \theta=0, \phi=0 | l, m \rangle = \begin{cases} 0 & m \neq 0 \\ \langle \theta=0, \phi=0 | l, m=0 \rangle & m=0. \end{cases}$$

(Note, this implies l is integer, since $m=0$ only occurs when l is integer)

hence, we have

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$$Y_{lm}(\theta, \phi) = e^{im\phi} \langle \theta=0, \phi=0 | l, m \rangle \langle l, m | e^{i\theta \frac{\hat{L}_y}{\hbar}} | l, m \rangle$$

↑ just a number (norm const).

To calculate $\langle l, m | e^{i\theta \frac{\hat{L}_y}{\hbar}} | l, m \rangle$, we use exponential disentangling

$$\langle l, m | e^{i\theta \frac{\hat{L}_y}{\hbar}} | l, m \rangle = \langle l, m | e^{-\tan \frac{\theta}{2} \frac{\hat{L}_-}{\hbar}} e^{i\theta \cos^2(\frac{\theta}{2}) \frac{\hat{L}_z}{\hbar}} e^{+\tan \frac{\theta}{2} \frac{\hat{L}_+}{\hbar}} | l, m \rangle$$

Now recall that

$$\frac{\hat{L}_+}{\hbar} | l, m \rangle = \sqrt{(l-m)(l+m+1)} | l, m+1 \rangle$$

$$\frac{\hat{L}_-}{\hbar} | l, m \rangle = \sqrt{(l+m)(l-m+1)} | l, m-1 \rangle$$

We expand the exponential in a power series

$$e^{+\tan \frac{\theta}{2} \frac{\hat{L}_+}{\hbar}} = \sum_{n=0}^{\infty} \frac{(\tan \frac{\theta}{2})^n}{n!} \left(\frac{\hat{L}_+}{\hbar} \right)^n$$

$$\text{so } e^{+\tan \frac{\theta}{2} \frac{\hat{L}_+}{\hbar}} | l, m \rangle = \sum_{n=0}^{\infty} \frac{(\tan \frac{\theta}{2})^n}{n!} \left(\frac{\hat{L}_+}{\hbar} \right)^n | l, m \rangle$$

But $(\hat{L}_+)^n | l, m \rangle = 0$ if $n > l-m$, since $\hat{L}_+ | l, m=l \rangle = 0$

$$\begin{aligned} \text{so } e^{+\tan \frac{\theta}{2} \frac{\hat{L}_+}{\hbar}} | l, m \rangle &= \sum_{n=0}^{l-m} \frac{(\tan \frac{\theta}{2})^n}{n!} \left(\frac{\hat{L}_+}{\hbar} \right)^n | l, m \rangle \\ &= \sum_{n=0}^{l-m} \frac{(\tan \frac{\theta}{2})^n}{n!} \left[\prod_{r=1}^n \sqrt{(l-m-r+1)(l+m+r)} \right] | l, m+n \rangle \end{aligned}$$

operate the middle term $e^{i\theta \cos^2 \frac{\theta}{2} \frac{\hat{L}_z}{\hbar}}$ onto this. It

is easy since $\frac{\hat{L}_z}{\hbar} | l, n \rangle = n | l, n \rangle$

$$e^{i\theta \cos^2 \frac{\theta}{2} \frac{\hat{L}_z}{\hbar}} e^{+\tan \frac{\theta}{2} \frac{\hat{L}_+}{\hbar}} | l, m \rangle = \sum_{n=0}^{l-m} \frac{(\tan \frac{\theta}{2})^n}{n!} \left[\prod_{r=1}^n \sqrt{(l-m-r+1)(l+m+r)} \right] (\cos \frac{\theta}{2})^{2m+2n} | l, m+n \rangle$$

Finally, we operate

$$e^{-\tan \frac{\theta}{2} \frac{\hat{L}_-}{\hbar}} = \sum_{n'=0}^{\infty} \frac{(-\tan \frac{\theta}{2})^{n'}}{n'!} \left(\frac{\hat{L}_-}{\hbar} \right)^{n'}$$

onto the state. But since we multiply by $\langle l, m |$ on the left, we need only include the term where $n' = m+n$. since $n' \geq 0 \Rightarrow n$ must be at least $-m$

For a nonzero result,

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so $\langle l, m=0 | e^{i\theta \hat{L}_y} | l, m \rangle$ becomes

$$\sum_{n=\max(0, -m)}^{l-m} \frac{(-\tan \frac{\theta}{2})^{m+n}}{(m+n)!} \frac{(\tan \frac{\theta}{2})^n}{n!} (\cos \frac{\theta}{2})^{2l+2n}$$

$$\prod_{r=1}^n \sqrt{(l-m-r+1)(l+m+r)} \prod_{s=1}^{m+n} \sqrt{(l+m+n-s+1)(l-m-n+s)}$$

because $\langle l, m=0 | l, m=0 \rangle = 1$.

Now we need to simplify. Note that

$$(-\tan \frac{\theta}{2})^{m+n} (\tan \frac{\theta}{2})^n (\cos \frac{\theta}{2})^{2l+2n}$$

$$= (-1)^{m+n} (\sin \frac{\theta}{2})^{2n+m} (\cos \frac{\theta}{2})^m \quad \text{but } \sin \frac{\theta}{2} \cos \frac{\theta}{2} = \frac{\sin \theta}{2}$$

$$= (-1)^{m+n} (\frac{1}{2})^m (\sin \theta)^m (\sin^2 \frac{\theta}{2})^n \quad \text{but } \cos \theta = 1 - 2\sin^2 \frac{\theta}{2}$$

$$= (-\frac{1}{2})^{m+n} (\sin \theta)^m (1 - \cos \theta)^n$$

The two product terms become

$$\prod_{r=1}^n \sqrt{(l-m-r+1)(l+m+r)} \prod_{s=1}^{m+n} \sqrt{(l+m+n-s+1)(l-m-n+s)}$$

$$= \sqrt{\frac{(l-m)! (l+m+n)! (l+m+n)! l!}{(l-m-n)! (l+m)! l! (l-m-n)!}}$$

$$= \frac{(l+m+n)!}{(l-m-n)!} \sqrt{\frac{(l-m)!}{(l+m)!}}$$

So, the spherical harmonic becomes (deep breath)

$$Y_{lm}(\theta, \phi) = \langle \theta=0, \phi=0 | l, 0 \rangle e^{im\phi} \sum_{n=\max(0, -m)}^{l-m} (-\frac{1}{2})^{m+n} (\sin \theta)^m (1 - \cos \theta)^n$$

$$\times \frac{(l+m+n)!}{(l-m-n)!} \sqrt{\frac{(l-m)!}{(l+m)!}} \frac{1}{n!} \frac{1}{(m+n)!}$$

$$= \langle \theta=0, \phi=0 | l, 0 \rangle e^{im\phi} (\sin \theta)^m (-\frac{1}{2})^m \sqrt{\frac{(l-m)!}{(l+m)!}}$$

$$\times \sum_{n=\max(0, -m)}^{l-m} (-\frac{1}{2})^n (1 - \cos \theta)^n \frac{(l+m+n)!}{(l-m-n)!} \frac{1}{n!(m+n)!}$$

In essence, we are finished. But it is customary to re-express this in terms of functions defined by dead French and German mathematicians.

To do this, we note that the associated Legendre polynomial satisfies

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$$P_l^m(\cos\theta) = \frac{1}{2^m} (\sin\theta)^m \sum_{n=0}^{l-m} (-1)^n \frac{(l+m+n)!}{(l-m-n)! (n!)^2} \left(\frac{1-\cos\theta}{2}\right)^n$$

So, for $m \geq 0$, we have

$$Y_{lm}(\theta, \phi) = e^{im\phi} (-1)^m \sqrt{\frac{(l-m)!}{(l+m)!}} P_l^m(\cos\theta) \langle \theta=0, \phi=0 | l, m=0 \rangle$$

In my personal opinion, this is a much clearer way to find the spherical harmonics than using differential equations. It is a classic "French cooking" exercise. Every step is rather simple, but there are many of them. One needs to work carefully and cautiously to get the right final answer.

What about $m < 0$? We use the fact that

$$Y_{l, -m}(\theta, \phi) = (-1)^{|m|} [Y_{l, m}(\theta, \phi)]^*$$

to find it. One can also compute it directly.

We still need $\langle \theta=0, \phi=0 | l, m=0 \rangle$ comes from normalization.

One can do this most easily for $m=l$:

$$P_l^l(\cos\theta) = \frac{1}{2^l} (\sin\theta)^l \frac{(2l)!}{e!}$$

$$\text{so } Y_{ll}(\theta, \phi) = \langle \theta=0, \phi=0, l, m=0 \rangle e^{il\phi} \left(\frac{-1}{2}\right)^l (\sin\theta)^l \frac{\sqrt{(2l)!}}{e!}$$

Integrate to get the normalization:

$$\begin{aligned} 1 &= \int_0^\pi d\theta (\sin\theta)^{2l+1} \frac{1}{4^l} \frac{(2l)!}{(l!)^2} |\langle \theta=0, \phi=0, l, m=0 \rangle|^2 \int_0^{2\pi} d\phi \\ &= \frac{2\pi (2l)!}{4^l (l!)^2} |\langle \theta=0, \phi=0, l, m=0 \rangle|^2 \int_0^\pi d\theta (\sin\theta)^{2l+1} \end{aligned}$$

$$\begin{aligned} \text{But } \int_0^\pi d\theta (\sin\theta)^{2l+1} &= \frac{\sqrt{\pi} \Gamma(l+1)}{\Gamma(l+\frac{3}{2})} \quad (\text{Wolfram alpha}) \\ &= \frac{\sqrt{\pi} l!}{(l+\frac{1}{2})(l-\frac{1}{2})(l-\frac{3}{2}) \dots (\frac{3}{2})(\frac{1}{2}) \Gamma(\frac{1}{2})} \end{aligned}$$

$$= \frac{\sqrt{\pi} l!}{\frac{1}{2^{l+1}} (2l+1)!! \sqrt{\pi}} = \frac{2^{2l+1} l! z^l l!}{(2l+1)!} \quad (3)$$

$$= \frac{2^{2l+1} (l!)^2}{(2l+1)!}$$

$$\Rightarrow 1 = |\langle \theta=0, \phi=0 | l, m=0 \rangle|^2 \cdot \frac{4\pi}{(2l+1)}$$

$$\text{or } \langle \theta=0, \phi=0 | l, m=0 \rangle = \sqrt{\frac{2l+1}{4\pi}}$$

$$\text{So } Y_{lm}(\theta, \phi) = \sqrt{\frac{(2l+1)(l-m)!}{4\pi(l+m)!}} (-1)^m P_l^m(\cos\theta) e^{im\phi} \quad \text{for } m \geq 0$$

$$Y_{l,-m}(\theta, \phi) = (-1)^m Y_{lm}^*(\theta, \phi) \quad \text{for } m < 0$$